

# Dance Your Power

Single private Session - 108\$

Five private Sessions ~~500\$~~ / 250\$ - 50% Off

Online group course ~~150\$~~ / 77\$ - 50% Off

*Learn how to dance for  
Durga*



*the Goddess of Power and  
Protection*

In this program you will call your inner power, embody your forces and desires, feel grounded and energised. You will be connected to your tenacity and to your ability of making a difference in the world!


\*You will connect with the shakti power, the feminine energy.

\*You will express your tenacity in your dance


\* You will awaken your instincts.

Be Empowered and discover the profound and mystical symbolism of one of the most adored goddesses of India. In this DURGA course you will receive:

 *Traditional Training*

 *A pre-recorded Durga dance video , with the mantra and traditional mudras of Indian dance*

 *A PDF guide with notes*

 *Original music with traditional mantras and invocation, to dance for Durga*

## ***PROGRAM:***

*#day 1 : Durga pooja, symbols, energies*

*#day 2: Durga mantras*

*#day 3 : Durga mudras*

*#day 4: dance for Durga*

*#day 5: rituals, traditions, yogini empowerment*



***PayPal to [daniela.danzaindia@yahoo.com](mailto:daniela.danzaindia@yahoo.com)***

👉 \$108 #single private session of 90 minutes

👉 \$250 #5 private sessions

👉 \$77 #DURGA online course

**[paypal.me/danielariva](https://paypal.me/danielariva)**