

Dance Your Creativity

in 5 sessions

Single private Session - 108\$

Five private Sessions for 500\$ / 250\$ - 50% Off

Online group course for ~~150\$~~ / 77\$ - 50% Off

Learn to dance and honour

Saraswati,

*the Goddess of inspiration, freedom, creativity, arts
and self-expression.*

In this program you will align with your inner voice, embody your devotion and inspirations, feel free to express your essence, step into the power of creativity. You will be connected to the beauty and to the source of your creative power.

*You will connect with the shakti power, the feminine energy.

*You will express your soul in your dance

* You will give voice to your visions and inspirations



In Dance Your Creativity:

- Take time to receive;
- Bask in sacred space;
- Connect with yourself;
- Be supported and guided;
- Invite beauty into your life;
- Get Radiant and energised;
- Feel the power of these enchanting ancient practices;
- Feel liberated, free, inspired, absorbed in these profound traditions;
- Realise your inherent power of manifest in life and arts through creative expression.



Program Structure:

Day 1 ritual for Goddess Saraswati #pooja

Day 2 Sanskrit chants and Bija Mantra for Saraswati

Day 3 Mudras of Saraswati #mudras

Day 4 Temple Dance for Saraswati #dance #movements

Day 5 Temple Dance & Yoni Mudra #creativity

Registration:

PayPal to daniela.danzaindia@yahoo.com

\$108 #Single private session#

\$ 250 #5private sessions#

\$ 77 #Saraswati online#